

HOLIDAY TIPS

for those who are grieving

THURSDAY, DEC. 3, 2020 | 6:00 - 7:30PM

ST. ELIZABETH SETON CATHOLIC CHURCH | 610 RAIN TREE TRAIL, LAFAYETTE

Presented by

Mary Bergeron

Hospice of Acadiana

For many people, approaching the holidays following a loss can cause stress and trigger painful emotions.

This workshop will offer practical tips that can assist those who are grieving or anyone supporting someone who is grieving during the holiday season.

For more information, please contact **Mary Bergeron** at (337) 344-3885 or mbergeron@hospiceacadiana.com

We will be practicing social distancing and wearing masks.
Your cooperation is appreciated.

ALL ARE WELCOME. NO COST TO ATTEND.